

P.E. Animal Olympics

Key Knowledge:

To master basic movements including running, jumping, throwing and catching in the context of olympic style events.

Key Skills:

- Jumping for height
- Jumping for length
- Throwing accurately
- Running for speed

Vocabulary:

Underarm - swing your arm below your shoulder to propel an object

Overarm - swing your arm above your shoulder to propel an object

Olympic-the philosophy of Olympism, which seeks to blend sport with culture and education

Values-core beliefs, principles, or standards that dictate how you behave and make decisions

Respect- a positive feeling of admiration

Excellence-being extremely good or outstanding

Determination - purpose or the ability to continue trying to achieve a difficult goal

Courage - ability to confront fear, pain or uncertainty

Inspiration - being mentally stimulated to do something

